



# PE and School Sport Action Plan

## Quethiock Primary school 2018–2019

**Background** - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools received each year doubled and this has been sustained for the academic year 2018/19.

**Key Indicators** - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

**Funding** - Individual schools will receive circa £16000 -£17000 per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The total funding for the academic year	2018/19	Funding allocated – £16,270
Lead Member of Staff – Mrs A Lapham	2018/19	
Total fund allocated - £16,270	To be Updated – July 2019	

**Key achievements to date:**

- All staff upskilled in the teaching of gymnastics
- Playground leaders introduced to ensure active playtimes
- Increase in the number of different sports offered in curriculum time and after school
- Successful alternative sports day delivered
- Previous subject leader in PE - awarded subject leader accreditation and this supported the leadership of PE
- Fencing has been into the curriculum, with an after school club
- Cross-country competitive event hosted for local schools.

**Areas for further improvement and baseline evidence of need:**

- To ensure there is continuity and progression in the delivery of curriculum PE and there is an engaging, broad and balanced curriculum in place.
- To introduce a variety of programmes to increase the number of children active for 30 active minutes. Eg active maths/active classrooms and ensure a range of programmes are on offer.
- To improve the playground area to ensure it is engaging and children have equipment to use which increases their physical activity.
- To upskill key members of staff within the school to increase knowledge and understanding in the delivery of PE school sport and physical activity.
- To upskill pupil leaders within the school to promote health and well-being.
- To introduce outdoor learning programmes linked to Maths.
- To look at taking part in a mini tournament for fencing (as a non-team sport).

**Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
To purchase replacement equipment (and storage) to increase activity at playtimes and lunchtimes. <b>To support playground leaders and ensure children are active.</b>	£500	10% increase in pupils now taking part in regular playtime activities.	Update other areas of the playground and investigate a trim trail for the field.
Purchase of equipment for PE to support the delivery of <b>the PE curriculum to ensure children have access to a high quality experience in PE.</b>	£1000	Equipment purchased and used to support delivery of physical activity.	Continue to train playground leaders to ensure delivery can continue, working with sports leaders from local Secondary School as sporting role models.

<p>To continue sugarsmart buddies to children in KS1 and KS 2 and to their parents through a sugarsmart buddies day. To promote physical activity and being sugarsmart.</p>	<p>£325</p>	<p>Skate, scoot and balance bikes purchased and introduced in break times and lunchtimes.</p> <p>Successful day delivered with all stakeholders engaged in the programme and being more informed about sugarsmart choices and healthy eating.</p>	<p>Maintain a log of equipment and put a replacement budget in place.</p>
<p>Develop a 30 minute timetable to include all activities which are delivered by playground leaders in KS2. To encourage physical activity at breaktimes and lunchtimes.</p>	<p>£500 Resources</p>	<p>Successful programme in place with Ks 2 leaders leading activities for younger children.</p>	<p>Ensure there is a rotation of activities to continue to engage the children.</p>
<p>Investigate the development of a daily mile but linked to a maths trail with the development of a maths fraction wall on route.</p>	<p>£100 Raccoon circle and maths outdoor course</p>	<p>Active Timetable successfully introduced which children have supported in developing.</p>	<p>Review active maths programme and extend to active literacy.</p>
<p>Teacher/TA to shadow 'taking maths outdoors' lessons and resources purchased to support this being used beyond the input from external teacher</p>	<p>Arena membership</p>	<p>Active maths being delivered across the school in all classes through the use of the active maths and maths outdoors to encourage physical activity in maths.</p>	<p>Investigate gaining healthy schools accreditation and continuing to deliver and develop innovative ideas for the delivery.</p>

<p>Derive a programme of adventurous outdoor active experiences for pupils across the school age range, including horse-riding, climbing, hikes, cycling, orienteering etc <b>to widen experiences of the range of physical activity possible and encourage physical activities beyond the school day</b></p>	<p>£2000</p>	<p>Pupils engaging in a wide range of physical activities, which are celebrated and promoted to parents and the community. Children understand the principles of sugar smart and how to lead a healthy active lifestyle. Greater awareness amongst pupils/parents about the benefits of physical activity and healthy active life styles</p>	<p>To look at formalising the calendar of activities to tie in with the topic curriculum to make experiences even more memorable and meaningful.</p>
<p>Play equipment to improve the outside space for play equipment.</p>	<p>£1090</p> <p>Bikes and play equipment</p> <p>Outdoor learning</p>	<p>A range of activities in place to increase the number of children active for 30 mins.</p> <p>20% increase in the number of children taking part in innovative physical challenges on a daily basis.</p>	<p>To continue to deliver balance with the support of the HLTA and our own balance bikes.</p>

**Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>Continue to develop playground leaders with the support of an HLTA.</p> <p>To develop a sports council for the school to raise the profile of PE and school sport. To consider introducing a one day Arena sugar smart leader course to raise the profile of sugar smart and physical activity across the school.</p> <p>Investigate active maths/active literacy through the use of raccoon circles</p> <p>Development of notice boards in school to raise the profile of PE and School Sport for all visitors and pupils – achievement notice boards.</p> <p>Celebration assemblies at schools to recognise and reward achievement in PE and school sport.</p>	<p>£1983 Supervision Time Co-ordinator time/sports apprentice</p> <p>Working HLTA.</p> <p>Arena membership</p> <p>HLTA time.</p> <p><b>Resources</b></p>	<p>10 Playground leaders delivering activities on a daily basis raising the profile of physical activity.</p> <p>8 pupils a member of the Sports council. Pupils being given the opportunity to make key decisions about PE and School Sport within the school which has raised the profile of PE and school sport.</p> <p>Celebration assemblies delivered once a term with a focus on achievement in PE and school sport which has raised profile with parents and pupils.</p>	<p>Continue to provide sports leadership opportunities for children.</p> <p>Continue to develop and extend opportunities for the sports council whole school.</p> <p>Continue to up skill staff in the delivery of active classrooms and learning in the outdoors.</p> <p>Continue to find interesting and innovative ways of celebrating sports achievement.</p>

**Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>CPD training for staff to include attendance, at the wild tribe conference and other courses</p>	<p>Arena membership £425</p>	<p>Inclusive PE curriculum which up skills teachers and pupils. staff trained in gym and dance.</p>	<p>Build into future inset training whole school training in PE and school sport.</p>
<p>1 member of staff to attend Wild Tribe outdoor learning training to develop skills in the delivery of outdoor learning.</p>	<p>Wild Tribe course x £235</p>	<p>Coaches used as role models to target pupil groups. More children encouraged to attend after school clubs</p>	<p>Staff to deliver inset training to whole school on key elements.</p>
<p>Support in the delivery of PE through the employment of coaches and specialist teachers to drive improvement and provide on-going P.E. CPD for staff</p>	<p><b>£3095</b></p>	<p>Fluency, consistency and broad curriculum coverage achieved through the delivery of a comprehensive high quality PE curriculum.</p>	<p>Continue to provide existing staff with the opportunity to be upskilled in PE and school sport. Children understand where they are in their learning and what their next steps are.</p>
<p>MOT in PE</p>	<p><b>£325</b></p>	<p>1 member of staff trained in subject leadership. Increased confidence in leading the subject and carrying out lesson observations</p>	<p>Continue to support the development of subject leadership whole school.</p>

<p><b>PE subject leaders course – HLTA to attend 4 day course.</b> Subject Leader in PE to introduce Arena SOW and monitor PE curriculum map linked to festivals and competitions</p>	<p><b>£425</b></p>	<p>I member of staff trained in subject leadership. Increased confidence in leading the subject and carrying out lesson observations</p>	<p>Opportunities created for PE knowledge to be shared whole school.</p>
---	--------------------	--	--

**Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>Delivery of alternative sports to including Frisbee, alternative invasion games and street dance.</p>	<p>£1657 for the delivery of a variety of after school clubs for 39 weeks.</p>	<p>Successful activity delivered and now involvement is to be tracked in after school clubs. New clubs set up to engage children who prefer non games based sports.</p>	<p>Continue to broaden the range of alternative sports delivered.</p>
<p>To further develop gymnastics with the purchase of new equipment.</p>	<p>£800</p>	<p>New equipment purchased and a gymnastics club developed which has broadened the offer to children.</p>	<p>Wider range of opportunities will continue to be offered to engage disengaged pupils.</p>
<p>Alternative sports delivered throughout the year as off-site activities – This will include survival skills, hiking, fishing, sailing etc.</p>	<p>£1000</p>	<p>Children in KS1 and 2 to have experienced a wide range of activities and alternative sports to engage them in physical activity.</p>	<p>Needs of target groups continue to be addressed.</p>
<p><b>Alternative activity - Wild tribe equipment for shelter building.</b></p>			

<b>Better links with community clubs and delivering alternative sports.</b>	<b>£400</b>	Children to have been made aware of community opportunities available through golf and water sports to encourage continued participation. More opportunities available for children to participate in alternative activities.	Children have continued opportunities to experience alternative sports and linked in community.
---	-------------	---	---

**Key Indicator 5 : Increased participation in competitive sport**

<b>Intended Actions with impact on children</b>	<b>Funding allocated</b>	<b>Evidence and impact</b>	<b>Sustainability and next steps</b>
<p>To compete in the MAT competitions to include netball tournament, primary football league, alternative sports, cricket, rugby.</p> <p>Transport to events and competitions Kwik cricket comp</p> <p>To organize a x country event and to attend the Landrake x country event.</p> <p>Investigate entry into open level 2 competitions.</p> <p>Introduce Arena monthly challenge.</p> <p>Intra competitions</p>		<p>Working in partnership to increase participation and success in competition.</p> <p>% increase in the numbers of pupils participating in competitive opportunities within school.</p> <p>% increase in the numbers of pupils participating in competitive opportunities against other schools.</p>	<p>Year on year increase of the number of children taking part in competition.</p> <p>% increase in the number of children taking part in level 2 and 3 competitions.</p>





Swimming programme to support an increase in the number of Year 5/6 who can swim 25m. Top up swimming for year 5/6 to increase the number of children who can swim 25m by 10% .	£500	10% increase in the number of children who can swim 25 metres.	Introduce the 'learn to swim' programme earlier in the school to ensure more children can swim 25 metres by Year 6.
Meeting national curriculum requirements for swimming and water safety			Please complete all of the below:
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?			90%
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?			80%
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?			70%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?			No
<b>Total funding - £16,270</b>	<b>Total funding allocated to date – £16,270</b>		<b>Total funding to be allocated – £0</b>