



QUETHIOCK C of E SCHOOL
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Growing Together Towards Success

Thursday 27th February 2020

Dear Parents and Carers

CORONAVIRUS ADVICE

As you will be aware, there is a great deal of information circulating about the Coronavirus online and elsewhere. We would like to remind you of the advice from the NHS that can be accessed at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

We follow the advice on the coronavirus for places of education from Public Health England and have increased reminders about the importance of handwashing. We will also be giving ongoing information to them about the importance of good hygiene in PSHE lessons and assemblies.

If you have concerns regarding your health or that of your children and family and coronavirus please stay indoors and phone NHS 111 for advice. Once you have this please phone school (tel 01579 343588) for advice regarding your child's attendance at school. You can visit NHS.uk to find out more information. If there is an emergency, call 999 immediately

I attach a copy of the advice poster on the back of this letter for your perusal. Please do not hesitate to contact me for any further information.

Yours Faithfully

Annie Kenton
Head of School



Advice on the coronavirus for places of education

How serious is the coronavirus?

- it can cause flu-like symptoms, including fever, cough & difficulty breathing
- the infection is not serious for most people, including children
- there is currently no vaccine
- most people get better with enough rest, water to drink and medicine for pain

How likely are you to catch the virus?

- you can only catch it if you have been close to a person who has the virus
- the chance of being in contact with the virus is currently low in the UK
- if you have travelled to areas where many people are infected, your chance of catching the virus is higher, i.e. China and any affected areas

How can you stop coronaviruses spreading?

If you need to cough or sneeze



Catch it
with a tissue



Bin it



Kill it
by washing
your hands with
soap & water or
hand sanitiser

You should wash hands with soap & water or hand sanitiser



After breaks
& sport
activities



Before
cooking
& eating



SCHOOL
ETC.
On arrival at
any childcare
or educational
setting



After using
the toilet



Before
leaving
home



Try not to touch your
eyes, nose, and mouth
with unwashed hands



Do not share items that come
into contact with your mouth
such as cups & bottles



If unwell do not share
items such as bedding,
dishes, pencils & towels



Stop germs spreading with our e-Bug resources on hand and respiratory hygiene lesson plans for KS1, 2 and 3: campaignresources.phe.gov.uk/schools

What should you do if you feel unwell?

Keep away from others and stay at home to stop the infection spreading. Avoid public transport if you think you have symptoms of coronavirus. If you become unwell at a place of education, tell a member of staff and let them know if you have travelled to any other countries in the last 14 days.

If your staff member or parent thinks you have symptoms of coronavirus, they should call **NHS 111** for advice. Follow the UK Government advice for childcare or educational settings [gov.uk/government/publications/guidance-to-educational-settings-about-covid-19](https://www.gov.uk/government/publications/guidance-to-educational-settings-about-covid-19). Parents can visit **NHS.UK** to find out more information. Teachers and support staff should follow the UK Government advice.

Staff, students and pupils who have returned from Wuhan and Hubei Province in China should self isolate, and NOT attend education or work for 14 days. See **NHS.UK** for advice on coronavirus.



If there is an emergency, call 999 immediately