



## PE and School Sport Action Plan Quethiock Primary school 2020-21

**Background** - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools received each year doubled and this has been sustained into the academic year 2020/21.

**Key Indicators** - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

**Funding** - Individual schools will receive circa £16000 -£17000 per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

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| The total funding for the academic year | 2019/20                   | Funding allocated – £16,330 |
| Lead Member of Staff – Mrs A Kenton     | 2019/20                   |                             |
| Total fund allocated - £16,270          | To be Updated – July 2020 |                             |

| Key achievements to date:  | Areas for further improvement and baseline evidence of need:  |
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| <ul style="list-style-type: none"> <li>● All staff upskilled in the teaching of gymnastics</li> <li>● Playground leaders introduced to ensure active playtimes</li> <li>● Increase in the number of different sports offered in curriculum time and after school</li> <li>● Successful alternative sports day delivered</li> <li>● Previous subject leader in PE - awarded subject leader accreditation and this supported the leadership of PE</li> <li>● Fencing has been put into the curriculum, with an after school club</li> <li>● Cross-country competitive event hosted for local schools.</li> </ul> | <ul style="list-style-type: none"> <li>● To ensure there is continuity and progression in the delivery of curriculum PE and there is an engaging, broad and balanced curriculum in place.</li> <li>● To introduce a variety of programmes to increase the number of children active for 30 active minutes. Eg active maths/active classrooms and ensure a range of programmes are on offer.</li> <li>● To improve the playground area to ensure it is engaging and children have equipment to use which increases their physical activity.</li> <li>● To upskill key members of staff within the school to increase knowledge and understanding in the delivery of PE school sport and physical activity.</li> <li>● To upskill pupil leaders within the school to promote health and well-being.</li> <li>● To introduce outdoor learning programmes linked to Maths.</li> <li>● To look at taking part in a mini tournament for fencing (as a non-team sport).</li> </ul> |

**Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school**

| Intended Actions with impact on children  | Funding allocated | Evidence and impact   | Sustainability and next steps   |
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| <p>To purchase replacement equipment (and storage) to increase activity at playtimes and lunchtimes. <b>To support playground leaders and ensure children are active.</b></p> | <p>£1000</p>      | <p>10% increase in pupils now taking part in regular playtime activities.</p> | <p><b>Next Steps</b><br/>Update other areas of the playground and investigate a trim trail for the field.</p>   |
| <p>Purchase of equipment for PE to support the delivery of <b>the PE curriculum to ensure children have access to a high quality experience in PE.</b></p>                    | <p>£500</p>       | <p>Equipment purchased and used to support delivery of physical activity.</p> | <p><b>Sustainability</b><br/>Continue to train playground leaders to ensure delivery can continue, pupils cascading skills to new pupils to the leader year</p> |

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| <p>To continue to deliver sugarsmart buddies to children in KS1 and KS2 and to their parents through a sugarsmart buddies day. To promote physical activity and being sugarsmart.</p>   | <p>no cost<br/>(continued from last year)</p>               | <p>Skate, scoot and balance bikes purchased and introduced in break times and lunchtimes.</p>  | <p>groups, working with sports leaders from local Secondary School as sporting role models.</p>   |
| <p>Develop a 30 minute timetable to include all activities which are delivered by playground leaders in KS2. To encourage physical activity at breaktimes and lunchtimes.</p>   | <p>£500<br/>Resources</p>                                   | <p>Successful day delivered with all stakeholders engaged in the programme and being more informed about sugarsmart choices and healthy eating.</p>  | <p><b>Sustainability</b><br/>Maintain a log of equipment and put a replacement budget in place.</p>   |
| <p>Wild Tribe maths leaders training for pupils to support them in leading maths trails around the school - Investigate the development of a daily mile but linked to a maths trail with the development of a maths fraction wall on route.</p> | <p>Maths outdoor trail</p>                                  | <p>Successful programme in place with Ks 2 leaders (12 pupils) leading activities for younger children.</p>  | <p><b>Next Steps</b><br/>Ensure there is a rotation of activities to continue to engage the children.</p>   |
| <p>Teacher/TA to shadow 'Wild Tribe Explorers (KS2)' lessons and resources purchased to support this being used beyond the input from external teacher</p>  | <p>£787 (Arena)<br/>+ outdoor learning resources (£500)</p> | <p>Active Timetable successfully introduced which children have supported in developing in all classes through the use of the active maths and maths outdoors to encourage physical activity in maths.</p> <p>Active outdoor activities designed to improve emotional health and well-being being delivered to targeted pupils in KS2.</p> | <p><b>Next Steps</b><br/>Review active maths programme and extend to active literacy.</p> <p><b>Sustainability</b><br/>Investigate gaining healthy schools accreditation and continuing to deliver and develop innovative ideas for the delivery.</p> |

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| <p>Derive a programme of adventurous outdoor active experiences for pupils across the school age range, including horse-riding, climbing, hikes, cycling, orienteering etc <b>to widen experiences of the range of physical activity possible and encourage physical activities beyond the school day</b></p> | <p>£600</p> | <p>Pupils engaging in a wide range of physical activities, which are celebrated and promoted to parents and the community. Children understand the principles of sugar smart and how to lead a healthy active lifestyle. Greater awareness amongst pupils/parents about the benefits of physical activity and healthy active lifestyles</p> | <p><b>Next Steps</b><br/>To look at formalising the calendar of activities to tie in with the topic curriculum to make experiences even more memorable and meaningful.</p> |
| <p><b>Implement moves to encourage 30 minutes a day activity</b></p>  | <p>£900</p> | <p>A range of activities in place to increase the number of children active for 30 mins.<br/>20% increase in the number of children taking part in innovative physical challenges on a daily basis.</p>   |  |

**Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement**

| Intended Actions with impact on children                                   | Funding allocated  | Evidence and impact  | Sustainability and next steps  |
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| <p>Continue to develop playground leaders with the support of an HLTA.</p> | <p>£1983<br/>Supervision<br/>Time<br/>Co-ordinator<br/>time/sports</p> | <p>10 Playground leaders delivering activities on a daily basis, raising the profile of physical activity.</p> | <p><b>Sustainability</b><br/>Continue to provide sports leadership opportunities for children through existing leaders training new leaders.</p> |

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| <p>To develop a sports council for the school to raise the profile of PE and school sport. To consider introducing a one day Arena sugar smart leader course to raise the profile of sugar smart and physical activity across the school.</p> <p>Investigate active maths/active literacy through the use of raccoon circles</p> <p>Celebration assemblies at school and across the MAT to recognise and reward achievement in PE and school sport.</p> <p>Investigate, risk assess and set up sailing club at local lakes for pupils, to increase the marketability of the school and therefore numbers of pupils.</p> | <p>apprentice</p> <p>Working HLTA.</p> <p>Arena membership</p> <p>£200 award ceremony</p> <p>£1000</p> | <p>8 pupils are members of the Sports council. Pupils being given the opportunity to make key decisions about PE and School Sport within the school which has raised the profile of PE and school sport. Attitudes in PE has improved as a result of the pupils being involved in decision making.</p> <p>Celebration assemblies delivered once a term with a focus on achievement in PE and school sport which has raised profile with parents and pupils. School pride and feelings of inclusivity are noticeable and commented on by visitors to the school.</p> | <p><b>Sustainability</b><br/>Continue to develop and extend opportunities for the sports council whole school, through creating a buddy system of peers to train new council through handover.</p> <p><b>Sustainability</b><br/>Continue to up skill staff in the delivery of active classrooms and learning in the outdoors, through observing Trust and ARENA outdoors activities and replicating.</p> <p><b>Next Steps</b><br/>Continue to find interesting and innovative ways of celebrating sports achievement.</p> |
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**Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport**

| Intended Actions with impact on children | Funding allocated | Evidence and impact | Sustainability and next steps |
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| <p>CPD training for staff to include attendance, at the wild tribe conference and other courses including coaching courses e.g. football/rugby/swimming.</p> <p>1 member of staff to attend Wild Tribe outdoor learning training to develop skills in the delivery of outdoor learning.</p> <p>Support in the delivery of PE through the employment of coaches and specialist teachers to drive improvement and provide on-going P.E. CPD for staff</p> <p><b>To support PE subject leader – time to co-ordinate and implement actions and monitor impact.</b><br/>Subject Leader in PE to introduce Arena SOW and monitor PE curriculum map linked to festivals and competitions</p> | <p>Arena membership<br/>£450<br/>Course fees:<br/>£650<br/>Support staff hours to observe and attend training</p> <p>Wild Tribe course x £235</p> <p>£3510</p> <p>£425</p> | <p>Inclusive PE curriculum which up skills teachers, support staff and pupils.</p> <p>Coaches used as role models to target pupil groups. More children encouraged to attend after school clubs</p> <p>Fluency, consistency and broad curriculum coverage achieved through the delivery of a comprehensive high quality PE curriculum.</p> <p>1 member of staff trained in subject leadership.<br/>Increased confidence in leading the subject and carrying out lesson observations</p> | <p><b>Next Steps</b><br/>Build into future school staff meetings whole school training in PE and school sport.</p> <p><b>Sustainability</b><br/>Staff to deliver inset training to whole school on key elements as a result of attending CPD training to cascade skills.</p> <p><b>Next Steps</b><br/>Continue to provide existing staff with the opportunity to be upskilled in PE and school sport.</p> <p><b>Sustainability</b><br/>Children understand where they are in their learning and what their next steps are.</p> <p><b>Sustainability</b><br/>Opportunities created for PE knowledge to be shared whole school.</p> |
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**Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils**

| Intended Actions with impact on children   | Funding allocated   | Evidence and impact   | Sustainability and next steps  |
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| Delivery of alternative sports to including Frisbee, alternative invasion games and street dance.  | £1395 for the delivery of a variety of after school clubs for 39 weeks. | Successful activity delivered and now involvement is to be tracked in after school clubs. New clubs set up to engage children who prefer non games based sports.  | <p><b>Sustainability</b><br/>Continue to broaden the range of alternative sports delivered, through using upskilled staff and trained parents.</p> |
| Alternative sports delivered throughout the year as off-site activities – This will include survival skills, hiking, fishing, sailing etc. | £330  | Children in KS1 and 2 to have experienced a wide range of activities and alternative sports to engage them in physical activity.  | <p><b>Next Steps</b><br/>Needs of target groups continue to be addressed, based on the absolute education data.</p>                                |
| Better links with community clubs and delivering alternative sports (plymouth argyle)  | £270  | Children to have been made aware of community opportunities available through golf and water sports to encourage continued participation. More opportunities available for children to participate in alternative activities. | <p><b>Sustainability</b><br/>Children have continued opportunities to experience alternative sports and linked in community.</p>                   |
| Absolute Education - monitoring the impact of the school offer of physical activities  | £55   |   |  |
| AfPE membership  |   |   |  |

**Key Indicator 5 : Increased participation in competitive sport**

| Intended Actions with impact on children  | Funding allocated   | Evidence and impact   | Sustainability and next steps  |
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| To compete in the MAT competitions to include netball tournament, primary football league, alternative sports, cricket, rugby.<br>Transport to events and competitions          | £350<br>(transport) | Working in partnership to increase participation and success in competition.                          | Year on year increase of the number of children taking part in competition.  |
| To organize a x country event and to attend the Landrake x country event.   | £100 running kit    | % increase in the numbers of pupils participating in competitive opportunities within school.         | % increase in the number of children taking part in level 2 and 3 competitions.  |
| Investigate entry into open level 2 competitions.   | Nil                 | % increase in the numbers of pupils participating in competitive opportunities against other schools. | <b>Add in Absolute competition data etc</b>  |
| Introduce Arena monthly challenge.  | Nil                 |   |  |
| Intra competitions  | Nil                 |   |  |
| Swimming programme to support an increase in the number of Year 5/6 who can swim 25m. Top up swimming for year 5/6 to increase the number of children who can swim 25m by 10% . | £500                | 10% increase in the number of children who can swim 25 metres.  | Introduce the 'rookie lifesaver' programme to the school to ensure more children can use these skills in our coastal area. |

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| Meeting national curriculum requirements for swimming and water safety  | Please complete all of the below: |
| What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year? | 100%                              |



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| <p>What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?</p>                     | <p>100%</p> |
| <p>What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?</p>   | <p>67%</p>  |
| <p>Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?</p> | <p>No</p>   |

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| <p><b>Total funding - £16,330</b></p> | <p><b>Total funding allocated to date – £16,330</b></p> | <p><b>Total funding to be allocated – £0</b></p> |
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